

# Calgary Family Therapy Centre

## Team Spirit

The Calgary Family Therapy Centre (CFTC) strives toward collective sharing of expertise and knowledge among the therapists and interns who work here. We work as a team to provide the best service possible for families. The team is composed of professionals from a variety of disciplines including administrative specialists, an audiovisual technician, psychiatrists, social workers, psychologists, nurses, and post-graduate trainees, all of whom have specialized interests and skills in family therapy.

Although each family who seeks therapy at CFTC is assigned a primary therapist who is responsible for therapy with that family, other CFTC therapists/interns may also contribute to a family's healing through discussion, consultation, and supervision. This ensures the knowledge and skills of other team members may be drawn upon to offer families a variety of options and optimal care.